

08:00 - 09:30

Registration and session sign-up

09:30 - 09:45

Welcome to the 2015 Women's Climbing Symposium (WCS15)

09:45 - 10:45

Headline Speaker:
Catherine Destivelle

10:45 - 11:00

Break

11:00 - 12:00

Coaching Workshop
1

Motherhood
with Jemma Powell

Nutrition
with Rebecca Dent

12:00 - 12:15

Break

12:15 - 13:15

Coaching Workshop
2

Working in the industry
with Claire, Caro & Lou

Strength & Conditioning
with Adela Carter

13:15 - 14:15

Lunch

14:15 - 15:00

Headline Speaker:
Rachel Atherton

15:00 - 15:15

Break

15:15 - 16:15

Coaching Workshop
3

Living life to the full
with Emily Ward

Crack School
with Naomi Buys

16:15 - 16:30

Break

16:30 - 17:30

Coaching Workshop
4

Is training worth it?
with Molly Thompson-Smith

Ticklist Adventures
with Sophie Whyte

17:30 - 17:40

Break

17:40 - 18:30

Headline Speaker:
Caroline Ciavaldini

18:30 - 18:45

Thanks, farewells and goody bags!