

08:00 - 09:30	Registration and session sign-up		
09:30 - 09:45	Welcome to the 2016 Women's Climbing Symposium (WCS16)		
09:45 - 10:45	Headline Speaker: Lisa Rands		
10:45 - 11:00	Break		
11:00 - 12:00	Coaching Workshop 1	Trad Top Tips with Sam Leary	In the mind of a route setter with Jackie Hueftle
12:00 - 12:15	Break		
12:15 - 13:15	Coaching Workshop 2	Projecting with Madeleine Cope	Injury prevention with Siobhan Miller
13:15 - 14:15	Lunch		
14:15 - 15:00	Headline Speaker: Jo Pavay		
15:00 - 15:15	Break		
15:15 - 16:15	Coaching Workshop 3	Working and playing in the mountains with Libby Peters	Nutrition with Rebecca Dent
16:15 - 16:30	Break		
16:30 - 17:30	Coaching Workshop 4	Climbing and life: Finding equilibrium with Rachel Briggs	Sports Psychology with Mena Eppensteiner
17:30 - 17:40	Break		
17:40 - 18:30	Headline Speaker: Shauna Coxsey		
18:30 - 18:45	Thanks, farewells and goody bags!		